**Psych 260 Ch 10 Review**

1. Identify and describe the first three stages of Freud's theory of psychosexual development, being sure to identify the key developmental task associated with each stage and the potential effects on adult personality of fixation at each stage.

2. How do the theories of the neo-Freudian psychodynamic theorists differ from Freud's pioneering views? Identify two neo-Freudians and describe some of their major contributions to psychological theory.

3. Describe trait approaches to personality. Briefly describe ONE OF Allport's, Cattell's, or Eysenck's trait theory of personality. Identify the Big Five personality dimensions central to contemporary trait approaches. Outline several ways in which the validity of the Big Five theory is supported.

4. Distinguish between self-efficacy and self-esteem. How do these concepts reflect their origins in social learning theory? Suggest how self-esteem may vary across cultures.

5. Review contemporary evidence regarding the potential genetic and biological foundations of personality. Does this evidence contradict the notion that the environment is important in molding personality? Why or why not?

6. Define self-actualization. How is unconditional positive regard critical in supporting an individual's self-actualization?

7. Distinguish between self-report, projective, and behavioral assessment measures of personality. Provide an example of each. What are some criticisms of "projective" tests such as the Rorschach?

8. The notion that behavior is motivated by unconscious inner forces and conflicts is at the core of the \_\_\_\_\_\_\_ approach to personality.   
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

9. The id is to the pleasure principle as the ego is to the \_\_\_\_\_\_\_\_\_ principle.   
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

10. Davina is a "neat freak" who can't stand to be late for anything. Also, other people have to do things "just right" for her to be happy. A psychodynamic theorist might suggest that Davina is fixated at the \_\_\_\_\_\_\_\_ stage of development.   
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

11. The most basic and direct defense mechanism is that of \_\_\_\_\_\_\_\_, in which unacceptable feelings or impulses and pushed back into the unconscious.   
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

12. Jung might suggest that the questing hero figure prominent in many legends, stories, epic poems, and so forth represents a(n) \_\_\_\_\_\_\_\_\_\_, a symbolic representation of a universal experience.   
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

13. We constantly strive to improve and perfect ourselves, a motivation Adler termed the striving for \_\_\_\_\_\_\_\_\_.   
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

14.  Neo-Freudian theorist \_\_\_\_\_\_\_\_\_\_ is often termed the "first feminist psychologist."    
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

15. Cardinal traits are \_\_\_\_\_\_\_\_ specific than are central traits.   
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

16. Your text offers the acronym OCEAN as way to help you remember the "Big Five" personality dimensions. The A stands for \_\_\_\_\_\_\_\_\_\_\_\_.   
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

17. Both psychodynamic and learning approaches to personality suggest that much of behavior reflects processes beyond our control; that is, these approaches are \_\_\_\_\_\_\_\_\_\_.   
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

18. Annie is an extremely active baby; her activity level is a component of her \_\_\_\_\_\_\_\_\_.   
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

19. According to Carl Rogers, one's \_\_\_\_\_\_\_\_\_ contains the set of beliefs an individual holds about what she is like as a person.   
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

20. John's therapist strives to provide an atmosphere of acceptance and respect, no matter what comes up during the sessions. John's therapist is providing \_\_\_\_\_\_\_\_\_\_.   
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

21. The \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, or MMPI-2, may be the most widely used self-report measure of personality.   
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

22. Barry is looking at an abstract collage of colors, lines, and shapes, trying to come up with an interpretation of it. Barry may be taking some sort of \_\_\_\_\_\_\_\_\_ personality test.   
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_